

# Fremont Abbey

## ARTS CENTER



### Cultivating Creative Wildness

With another year behind us, Abbey Arts is looking forward with gratitude. In retrospect of the recent harvest, we see **abundance**.

Every season contains a few false starts, planted seeds that end up water-logged, carried to another plot, or otherwise unable to reach for the sun. But for every seed that stays dark in the earth, there is another **spark of life** that grows deep, tall, and strong. Planting enough seeds to ensure that growth outweighs stunted sprouts is simply a matter of good planning, but we've seen more than that.

Not only is our **harvest bountiful with the fruits of our intentions**, but new experiences & participants have come forward - **unanticipated greenery, and new species are bloom**.



*"In human culture is the preservation of the wildness"*  
Wendell Berry

*"In wildness is the preservation of the world"*  
Henry David Thoreau

### At the Root of it All

Our mission is to curate community arts experiences in welcoming spaces where people of all ages and incomes can grow in their artistic and social development.

*"The ultimate goal of farming is not the growing of crops, but the cultivation and perfection of human beings."*  
Masanobu Fukuoka, *The One-Straw Revolution*

Abbey Arts focuses on music, dance, visual, literary and culinary arts in formats including multi-arts performances, group classes and workshops, individual lessons, new exhibits, community gatherings, and artistic life celebrations.

### New Blossoms: SUPERFOODS

Beginning in Fall 2012 the Abbey expanded our culinary arts horizons with the introduction of the SuperFoods Program, bringing a new kind of nourishment into our repertoire. Made possible in part by a City of Seattle Department of Neighborhoods Matching Fund grant, we began this grow your brain on the arts (and fuel it with healthy "super foods") featuring FREE food classes and events including music, visual arts, dance and great community based learning with neighbors and new friends. The cooking/arts class has been a hit, bringing in a hearty healthy group of cooks and eaters to focus on discovering new foods and finding fun, easy ways to involve "super foods" into healthy and organic meals.

### In Our Ecosystem

Abbey Arts is proud to be a part of the \$447.6 million industry of nonprofit arts and culture in the City of Seattle. According to The Arts & Economic Prosperity IV study put on by Americans for the Arts, Seattle arts nonprofits support 10,807 full-time equivalent jobs and generates \$38.2 million in local and state government revenue!  
[www.seattle.gov/arts/](http://www.seattle.gov/arts/)

Nationally renowned storytelling event now in Seattle and only at Fremont Abbey! 1st Thursdays, The Moth's Seattle StorySLAM. "The Moth is an acclaimed not-for-profit organization dedicated to the art and craft of storytelling. It is a celebration of both the raconteur, who breathes fire into true tales of ordinary life, and the storytelling novice, who has lived through something extraordinary and yearns to share it." We are honored to be the venue for the Seattle chapter of this nationwide phenomenon.  
Find out more at [themoth.org!](http://themoth.org/)

Introducing  
**THE MOTH**

## Growing The Arts 2011-2012



### Notes From the Field



Creativity is a feeling unlike any other. My brain absolutely lights up when I experience it. Whether I'm a few feet away from a profound new performance, sitting on the floor in the back of an epic concert space, or even attempting to make something new myself, I find inspiration often comes from being a part of creative moments, up close and in real life. The effect of these experiences are magnified when shared with our community as our eyes open wider and our minds are revived to see the world around us with more depth.

Another thing that really wakes up my mind is going on adventures with my nephews. Sometimes I think even reverb and the tone of a beautiful voice can be a bit like viewing an epic expanse from the top of a mountain. A profound and intriguing painting can be calming like sitting next to an alpine lake. Hearing spoken word that opens the soul can be like turning soil in a garden. Seeing a modern dance can be like climbing a tree. The effect is palpable.

At Abbey Arts we believe everyone needs a chance to experience "close up" concerts, be awed by gorgeous spaces, see new dances, interact with visual arts, hear an amazing poem or story, or even create healthy creative food together with new friends and neighbors. With your support we are growing and changing to meet even more creative needs in Seattle and beyond. We are also working hard to support our local developing artists. With the Abbey's recent expansion around Seattle we can now help artists all the way from The Youth Round or an open mic, to releasing their album here, or even headlining a Cathedrals show with 800+ people attending.

Thanks to you, we can continue providing these life changing arts experiences for people of all ages and incomes. This is an exciting new season and I'm looking forward to all the fantastic eye-opening creativity in 2013!

*Nathan Marion, Director*

### A Bountiful Harvest

In 2011, Abbey Arts' Nathan Marion was featured on City Arts Magazine's CultureMakers list. He was commended for the creation of Abbey Arts and because he, "quickly brought the historic landmark to life when he launched the Round."

In Fall 2011, The Abbey's Birthday Fundraiser was honored to have Seattle Mayor Mike McGinn join the celebration. McGinn made note of the Abbey's contributions to the neighborhood, instilling Fremont with a sense of community.

**THE ROUND**

In 2012 we hosted

~ **150** Events

As well as

~ **300** Class Sessions

Our flagship collaborative multi-arts event hit #90 in November 2012, occurring consecutively over the 90 months prior. This event is an extremely vibrant part of the Abbey as a monthly performance that connects viewers to a unique collaborative performance including young musicians, songwriters and arts created directly in front of the audience in an intimate setting. Plus we added a new event, The Youth Round, curated and launched by youth including all performers under 21.

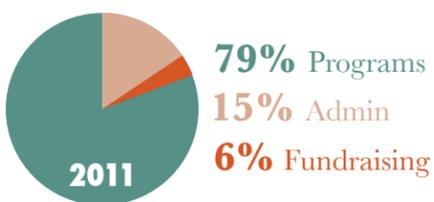
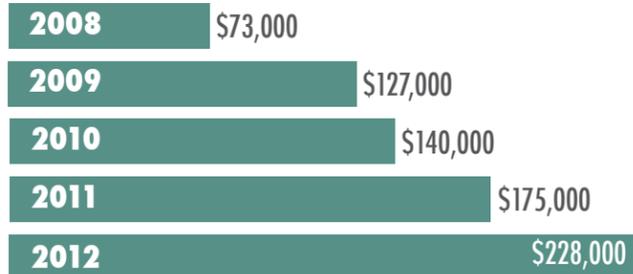
# Branching Out

## Non-Profit Connections

Through the subsidized use of our space and spotlights at events like The Round we support many local community groups including:

B.F. Day School, NWGirlsCoalition, LIFESpan, Billings Middle School, Pawsitive Alliance, The Nova Project, Hilltop Children's Center, Crooked Trails, Assistance League, Greenwood Elementary, Kapka School, The Melodic Caring Project for Children's Hospital, Arts Aftercare, Music for Change, 4Culture, Simple Measures, We The People, Aurora Commons, New Beginnings, BENT Writing, NFFTY, YouthSpeaks, Rain City Rock Camp for Girls, Nature Consortium, The VERA Project, and PROVAIL & many more!

### Budget



### Donations & Grants



# Grow

## Donate, Pollinate, Spread the Arts

Since 2005, Abbey Arts has fostered creative arts & community expression through a wide range of arts, education, community and cultural programs here at our home venue and around Seattle.

Abbey Arts now also presents creative concerts in other unique venues around the city, such as the popular new CATHEDRAALS series.

Your donation helps Abbey Arts programs around the city provide a beautiful home to scores of arts and civic organizations, supports emerging non-profits, and underwrites scholarships and free and low cost public events, classes, workshops. You'll also be supporting our work to share the arts with people of all ages and incomes through our ArtsConnect program.

[fremontabbey.org/donate](http://fremontabbey.org/donate)



## Sprouting Community: Arts Connect

*Providing access for people of all ages and incomes to experience inspiring arts events & concerts*

We are proud to offer 100's of arts event tickets each month to numerous nonprofits around the county, providing FREE entrance for both clients and employees of organizations including Solid Ground, Aurora Commons, Lifelong Aids Alliance, Transitional Resources, Teen Feed, and many more. We offer these tickets because we feel that when nonprofit workers are inspired and creative... they can better inspire and help those they work with everyday!

Since I joined the Abbey staff in January of 2012, it has been amazing to witness the growth of our programs and events and the flourishing of the participants who bring them to life.

One of the highlights for me has been watching The Cellar Door, a young Seattle band, grow and become a fresh part of the Seattle music scene over the last year. After their debut at the Youth Round, I first saw them perform here at the Abbey to a sold out crowd. As they played their first song, you could feel in the air that we were all witnessing something spectacular. It's moments like that one that epitomize my experiences at the Abbey - a place to discover and experience something beautiful and intimate something unexpected and inspiring. It's about local artists discovering their voice, finding a place of support, and growing into something new and energizing to the Seattle community. It's about the community rediscovering their own creativity and imagination, and having a place to participate and dream.



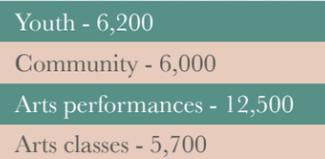
It all comes back to community, to experiences that enrich and refresh the mind, the heart and the soul. I'd like to thank you for your support in helping us achieve our vision thus far, and invite you to look forward with us to the opportunities ahead.

Justin Harvey, Operations Manager

# Attendance & Financials

**30,000+**  
estimated attendance in 2011

### Attendance Breakdown



**300** Volunteer Powered  
Volunteers combined for **3,400 hrs** at 2011 events

## Thank You for Cultivating the Arts!

Seattle Department of Neighborhoods, 4Culture, Seattle Office of Arts & Culture, Fremont Chamber of Commerce, Pecado Bueno, Ned & Jeanette Olson, The Upper Crust Catering, Portage Bay Catering, Madres Kitchen Catering, The Triple Door, Church of the Apostles, Vegan Fusion, Boldhat, Late Tuesday, Art Institute of Seattle, Barsuk Records, One Reel, AT&T Employee Giving Campaign, Microsoft, Nathaniel Ayewah, Michael & Karin Stevens, Ferguson Family Foundation, David E. Traylor, Karen True, Kiana & Kristian Swearingen, Laurie & Larry Zundel, Mike & Julie O'Brien, Tim & Cote Soerens, Daniel McConnell, Natalia Pierson, Jordan Rickard, Margaret Prescott, Jennifer & Brett Porter, Karina & Aaron Sprinkle, Scott Shawcroft, Emily Patton, Liz Leahy Johnson, Lydia & Robert Ashman, Kristen Daley, Rachel Lipsky, Catharine & Richard Beyer, Travis Wilson, Stephen Lewis, Josiah Johnson, Charity Thiele, Noah Gundersen, Shenandoah Davis, Janelle Campoverde, Tim Burgess, Kim Burgess, Jessica Vets, Leah Easter-Hargrave, Linda Clifton, Erica Johnson, Caitlin Sherman, Marie Pascoe, Christina Sears, Caleb Buse, Marc & Lynda Marion, Anne Marie Hunsaker, Zachary Padle, Jonathan Russell, Michael & Julia Leahy, Stephanie Billings, Eli West, Sashya Clark, Benjamin Katt, Christin Lusk, Rusty & Susan Van Deusen, John Van Deusen, Sarah Jurado, Abby Wong, Chris Bowden, Ann Sloper, Kirk Heynen, Sara Ewalt, Susan Partnow, James Peckenpaugh, Deborah Bell, Kristofer Orlovski, Molly McCue, Anita Gushurst, Skye Graves, Jennifer Hauseman, Amanda Vanderpool, Jasmine Palmer, Lydia Caudill, Maija Fiebig, Denise Jones, Hayden & Zadok Wartes, Nicole Haggan, Mylinda D Sneed, Evangeline & Tyler Dittman, Heather Raikes & Patrick Neill, Scott Robinson & Carol Wilcox, Sarah Prager & Eric Magnuson, Marie Skoor, Clara Miller, Jillia Pessenda & James Bovino, Caitlin Peck, Cynthia Jacobs, Stefanie Anderson, Bonnie Burlingham, Howard Madry, Tara Stepenberg, Christine Vander Werf, Christa Marion, Benjamin Harris, Eric Paul Carson, Mei Yang, Stephen Sander, T.A. & J.G. Lombardo, Elizabeth J Fehler, David George Gordon, Karen Gordon, Edison & Catharine Cuenca, Kathryn Wilson & Steven Cahill, Simone T. Nolan, Anthea Hubanks, Sarah Tiedeman, Sarah Plautz, Anna Telensky, Scott Macpherson, Cathy S. Doane, Meghann McDonald, George & Monika Scheffe, Neil Obrien, Kathleen Homes, Alisha Marion, Steve & Paula Gough, Christen Mattix, Gaia Consort, Jenifer Stambaugh, G. J. Swinehart & N. M. Ivancovich, Dusty Henry, Paula & Ted Kramer, Sage Abowitz, Tommy Adams, Terry Cook & John Gosnik, Kelly & Jennifer Kocynski, Bethany Gardner, Ashley Knight, Chelsea Fries, Emily Ann Peterson, Michael Eliason, Deborah Porter, Erin Flowers, Aubrey Bramble, Ricci Kilmer & Eliacion Rosario-Cruz, Bruce Nelson, Nathan Marion, Stephanie Moe, Benjamin Dunlap, Kimberly Malone, Anne Paulus, Virginia Carhart, Julie G. Nathan, Mark Reinfeld, Caitlin Sears Curry, Michael Eshelman, Greg Dember, Erin Hanson, Debby Watt, Thomas Wimmer, Ashley Pardon, Anjali Aggarwal, Anna Kay & Alex T. Gornhoff, Anne Amemiya, Craig van den Bosch, Megan Patrick, Brynne Fildais, Carol Thuy Bui, Cindy Daily, Barbara Mitchell, Cole Bratther, Danielle Vermaak, Dave MacDonald, Erica Atnipp, Paula Raschko, Melissa Collett, Michael Chase, Robert & Myla Ruggs, Robin Ganstrom, Nancy Schaefer, Rob Gray, Tori McConnell



## The Seasons Ahead

Even in winter we won't put our beds to rest! The Abbey is looking forward to expanding our community with a wider depth and breadth of creative events in the seasons to come. Many projects are brewing to invite more diverse age ranges and abilities into our space, and to expand our collaborative vision into more venues.

Community Driven, Volunteer Powered  
arts experiences for all ages & incomes

## Dig In!

Everything we do here can benefit from your added spirit and elbow grease. Volunteering is a rewarding way to learn more about what we do and to share in the creation and enjoyment of incredible arts experiences. Join us anytime by signing up online.

[fremontabbey.org/Volunteer](http://fremontabbey.org/Volunteer)



### Board of Directors:

Chair: Deborah Ferguson  
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Treasurer: Janine Logsdon  
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Brent Holland  
David Traylor  
Matthew Crouch  
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Melissa Collett, Steve Boyd,  
Jen Wood, Mimi K Allen, Nat  
Ayewah, Soren Godbersen,  
Emily Patton, Kristen Winn

### Abbey Staff:

Director: Nathan Marion  
Operations Mgr: Justin Harvey  
Admin: Molly B. Thornton  
Dance Curator & Teaching  
Artist: Tori McConnell  
Interns: Elena Holzemer,  
Christine Cook &  
Chris Vander Haak

### Event Staff:

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Jonas G., Kirk Heynen,  
Niah Bystrom

### Super Volunteers:

Eratosthenes Fackenthall, Joshua Sherman,  
Kristian Swearingen, Sarah Ward, Carey French, Bess Sorensen,  
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